



**FOREIGN LANGUAGE FOR PSYCHOLOGISTS (ENGLISH)**

<b>Credit points</b>	<b>6 CP</b>		
<b>Study course annotation</b>	The course “Professional Foreign Language (English)” is offered to students to develop and improve the competencies necessary for the effective use of English for both learning and professional purposes, as well as to develop and improve their overall understanding of the language. The course broadens professional experience, helps to increase students' competitiveness in an intercultural environment, and stimulates their involvement in self-education and further education.		
<b>Aim of the study course</b>	The main aim of the course is to provide students with the opportunity to acquire the necessary competences in English in the field of psychology and to improve students' communicative competence in using this foreign language in the spheres of their professional activity.		
<b>Objectives of the course</b>	<ul style="list-style-type: none"> <li>• The tasks of the course are to promote students' use of English language skills and practical skills in various professional situations;</li> <li>• to acquaint students with professional terminology in the field of psychology by reading special study literature in English;</li> <li>• to help students develop necessary and useful skills in speaking and reading, which are directly applicable in professional activities.</li> </ul>		
<b>Study course results</b>	<b>Knowledge</b>	<b>Skills</b>	<b>Competences</b>
	Upon successful completion of this course students will acquire knowledge of English professional terminology related to psychology and its history, students will understand the main concepts of psychology in English, as well as familiarise themselves with scientific literature and field literature in English.	<ul style="list-style-type: none"> <li>• Upon successful completion of this course, students must be able to express their views in the professional field in English, both orally and in writing,</li> <li>• be able to read, discuss and retell the study materials in English, as well as to read and discuss professional literature in English.</li> </ul>	<ul style="list-style-type: none"> <li>• Students are able to familiarise themselves with scientific literature in English;</li> <li>• plan and organize their work in English;</li> <li>• are able to reason and express their opinion in English;</li> <li>• can understand and analyse scientific literature in English.</li> </ul>
<b>Study course content</b>	<b>Topics</b>		
	1	Psychology. The Central Nervous System. The Peripheral Nervous System	
	2	The Brain. The Cerebrum. The Lower Brain.	
	3	Chemical Messengers: Hormones and neurotransmitters.	
	4	Perception and Sensation	
	5	Biological Rhythms	
	6	Consciousness. Memory 1.	
	7	Memory 2. Learning.	
	8	Intelligence. Language. Personality.	
	9	Emotions. Motivation.	
	10	Stress and coping.	
11	Schools of Psychology: Structuralism and Functionalism.		



	12	Schools of Psychology: Gestalt Psychology.
	13	Schools of Psychology: Cognitivism.
	14	Psychodynamic psychology. Evolutionary psychology. Behavioral Genetics.
	15	Humanistic Psychology.
	16	Health Psychology and The Scientific Method.
	17	Developmental psychology.
	18	Social psychology.
	19	Social psychology and the Individual.
	20	Social psychology and the Group.
	21	Research and Experiments.
	22	Mental Disorders. Treatment.
	23	Career Options.
<b>Form of assessment:</b>	Exam	
<b>Obligatory literature:</b>		
<ol style="list-style-type: none"> <li>1. Timothy Gilliland, Jenny Dooley, Career Paths: Psychology, Student's Book (with Digibooks App) ISBN: 978-1-4715-6649-3, Express Publishing, 2018</li> <li>2. L. Bavrina, Issues in Psychology: English Course, Baltic Russian Institute, 2004 ISBN 9984-763-13-7, Riga, 2004</li> </ol>		
<b>Further reading list:</b>		
<ol style="list-style-type: none"> <li>1. Douglas A. Bernstein, Louis A Penner, Alison Clarke Stewart, Edward Roy, Psychology, second edition, Charles Hartford, ISBN 0-618-52718-4, 2006</li> <li>2. Gary R. VandenBas, APA Dictionary of Psychology, second edition, American Psychological Association: Washington DC, ISBN 978-1-4338-1944, 2015</li> <li>3. Psychology today (ISSN 033-3107), periodical, Sussex Publishers LLC., New York</li> </ol>		
<b>Other sources of information (electronic journals):</b>		
<ol style="list-style-type: none"> <li>1. <a href="http://biblio.bsa.edu.lv">http://biblio.bsa.edu.lv</a></li> <li>2. EBSCO <a href="http://search.ebscohost.com">http://search.ebscohost.com</a></li> <li>3. Psychology today (ISSN 033-3107), periodical, Sussex Publishers LLC., New York</li> </ol>		
<b>Changes and additions to the program and literature list are possible during the study process</b>		