



## GENERAL PSYCHOLOGY

<b>Credit points</b>	6 CP		
<b>Study course annotation</b>	The course provides knowledge about psychology as a science, the evolution of ideas about the subject of psychology, its main branches and methods, as well as the basics of personality psychology. Introduces the role of senses, perceptions, attention, memory, thinking and imagination in the structure of the human psyche, their basic laws. Students learn to work with scientific literature, analyse information, present their findings.		
<b>Aim of the study course</b>	The aim of the course is to provide knowledge about general psychology as a science, its historical development, the basic methods and directions of psychology, the basics of personality psychology, as well as the basic cognitive processes.		
<b>Objectives of the course</b>	<ul style="list-style-type: none"> <li>• To provide theoretical knowledge about the subject of psychology, methods and various approaches to its study.</li> <li>• To introduce to the traditional and latest trends in psychology.</li> <li>• To form an adequate understanding of cognitive processes, their formation and development;</li> <li>• To form an idea of personality and its structure.</li> </ul>		
<b>Study course results</b>	<b>Knowledge</b>	<b>Skills</b>	<b>Competences</b>
	<ul style="list-style-type: none"> <li>• Knowledge of the theoretical paradigms of general psychology and the history of its development</li> <li>• In-depth knowledge and ability to critically evaluate the basic theories of general psychology.</li> <li>• Knowledge of the basic concepts of psychology.</li> <li>• Ability to navigate in the main psychological areas, disciplines and theories,</li> <li>• Familiar with the basic laws of cognitive activity of a person;</li> <li>• Knowledge about personality and its basic characteristics.</li> </ul>	<ul style="list-style-type: none"> <li>• Ability to use an innovative approach to solve complex problems of psychology</li> <li>• Basic skills in the study of scientific literature and presentation of conclusions</li> <li>• Ability to analyze cognitive abilities using appropriate psychological terminology.</li> <li>• Ability to operate with the basic concepts of psychology</li> <li>• Able to distinguish scientifically based information from popular science;</li> </ul>	<p><b>Academic competencies:</b></p> <ul style="list-style-type: none"> <li>• Understanding psychology as a science</li> <li>• Analysis of the basic concepts and theories of psychological science.</li> <li>• Understanding the methods of research of psychological science.</li> <li>• Understanding the basic laws of cognitive activity of a person.</li> </ul> <p><b>Professional competencies:</b></p> <ul style="list-style-type: none"> <li>• Ability to use the basic concepts of psychology</li> <li>• Ability to select and analyze scientific literature on the topic.</li> <li>• Presentation skills and the ability to make clear presentations.</li> <li>• The ability to use adequately scientific methods in accordance with the objectives of the study.</li> <li>• Understanding the ethical standards of psychology</li> </ul>



<b>Study course content</b>	<b>Topics</b>	
	1	General characteristics of psychology as a science.
	2	The evolution of ideas about the subject of psychology.
	3	Basic methods in psychology.
	4	The problem of consciousness in psychology.
	5	Cognitive processes (senses, perceptions, memory, thinking, imagination).
	6	Psychology of personality: emotionally volitional and motivational sphere of personality
	7	“I” concept.
	8	Person in critical situations.
	9	The problem of individual personality traits (temperament and character, ability)
	10	Personality and group
<b>Form of assessment:</b>	Exam	
<b>Obligatory literature:</b>		
<ol style="list-style-type: none"> <li>1. The Cambridge Dictionary of Psychology (2009) editor David Matsumoto. - Cambridge University Press.</li> <li>2. Myers, David G. (2005) Psychology. - Springer. - 1029, [20] p.</li> </ol>		
<b>Additional reading:</b>		
<ol style="list-style-type: none"> <li>1. Eysenck M., Keane M. (2015) Cognitive Psychology: A Student's Handbook. – London and new York: Psychology Press. Taylor &amp; Francis Group. – 838 p.</li> <li>2. Rathus, Spencer A. Psychology: Concepts and Connections, Media and Research Update / Spencer A. Rathus. - 9th ed. - Thomson Wadsworth, 2007. - 630, [136] p.</li> <li>3. Wixted J.T., Phelps E. (2018). Stevens handbook of experimental psychology and cognitive neuroscience. – 4th edition. – 674 p. (CD)</li> </ol>		
<b>Other sources of information:</b>		
<ol style="list-style-type: none"> <li>1. <a href="http://biblio.bsa.edu.lv">http://biblio.bsa.edu.lv</a></li> <li>2. American Journal of Psychology.</li> </ol>		
Changes and additions to the program and literature list are possible during the study process		