



INTRODUCTION TO PSYCHOLOGY SCIENCE

Credit points	3 CP		
Duration of the course	1st semester		
Study course annotation	The course provides insight into the requirements of the psychologist's professional competence, places of professional activity, working conditions of the psychologist, introduces the documents regulating the work of psychologist's assistant and psychologist. The course helps students to become familiar with the professional field of psychologist in contemporary Latvia and Europe.		
Aim of the study course	To give students a complex idea of the peculiarities of psychologist's professional activity. Introduce students to self-assessment methods and to help them solve their own problems.		
Study course results	Knowledge	Skills	Competences
	<ul style="list-style-type: none"> • Successful completion of this course will give students an idea of: • specifics of the professional activities of a psychologist and a psychologist's assistant; • professional competence requirements of a psychologist; • professional development levels; • professional specializations; • places of professional activity; • documents regulating psychologist's activities in Latvia and Europe; • own internal resources; 	<p>Students can:</p> <ul style="list-style-type: none"> • to apply knowledge in practice. • to use the acquired knowledge in professional development. <p>to analyze personal qualities while working in a team.</p>	<ul style="list-style-type: none"> • Is able to critically analyze their professional. • Able to work in teams and teams. • Is able to develop professionally.
Study course content	Topics		
	1	Requirements for professional competence of a psychologist. Social status of a psychologist in Latvia and Europe.	
	2	Professional activities of a psychologist.	
	3	Factors Influencing Psychologist's Professional Activity.	
	4	Documents regulating the work of psychologist assistant and psychologist.	
	5	Conditions of professional activity of a psychologist.	
Form of assessment:	Exam		
Obligatory literature:	<ol style="list-style-type: none"> 1. Mārtinsone, K., Miltuze, K. (red.), (2015). Psiholoģija. 3. daļa. Lietišķās jomas. Rīga: Zvaigzne ABC, 166. 2. Mārtinsone, K. et al. (2018). Psihologu profesionālā darbība Latvijā: saturs, organizācija, regulējums. Psihologu likuma komentāri. 		



3. The Cambridge Dictionary of Psychology (2009) editor David Matsumoto. - Cambridge University Press
4. Myers, David G. (2005) Psychology. - Springer. - 1029, [20] p.

Additional reading:

1. Benešs, H. (2004). Psiholoģijas atlants: attēli un teksti. 2 sēj. Zvaigzne ABC, 2001-2004.
2. Introduction to Psychology (2011)
https://ocw.mit.edu/ans7870/9/9.00SC/MIT9_00SCF11_text.pdf
3. Psiholoģija Latvijā: psihologi, izglītība, profesionālā darbība (2012). Rīga, RaKa, 320.
4. Psychology (2006). Atbildīgie redaktori S.Miezīte, I.Austers. Psychology. Latvijas

Universitāte.

Other sources of information:

1. visc.gov.lv/profizglitiba/dokumenti/standarti/ps0308.pdf
2. <https://likumi.lv/doc.php?id=290115>

Changes and additions to the program and literature list are possible during the study process