

PSYCHOLOGY OF PERSONALITY

Credit points	6 CP		
Study course annotation	The course provides an understanding of the nature of personality psychology as a branch of psychology, taking into account the growth prospects of the conceptual apparatus (main categories and concepts). The course discusses the world's most recognized scientific approaches to the personality study, their key issues, research methods. The course structure is focused on psychoanalytic, behavioral, cognitive, and humanistic approaches, as well as their modern modifications.		
Aim of the study course	To develop academic understanding of modern psychological <ul style="list-style-type: none"> theories and studies of personality. 		
Objectives of the course	<ul style="list-style-type: none"> Introduce students to categories and concepts of personality psychology. Facilitate the academic understanding of the world's leading psychological approaches and theories of personality research. Teach students how to evaluate various personality theories in accordance with accepted scientific criteria. Teach how to develop personality models in accordance with theoretical descriptions. Help to promote self-improvement process in students. 		
Study course results	Knowledge	Skills	Competences
	<ul style="list-style-type: none"> Understand the most important problems in the personality study, the place of personality psychology in the system of modern scientific knowledge, the development of personality research theoretical directions in a historical aspect. Know research methods implemented in personality psychology, criteria for a theory evaluation. Know the basic concepts, phenomena and directions of research in the personality psychology. 	<ul style="list-style-type: none"> Run a comparative analysis of scientific areas and theories of personality research. Evaluate personality theories by criteria. Incorporate the acquired knowledge into practice. Implement analytical and critical thinking during the learning process. 	<ul style="list-style-type: none"> Independently use the acquired knowledge and skills in the theoretical analysis of course and bachelor's work topics. Implement the obtained knowledge and skills in scientific activity and research. Theoretically explain the selected methods of personality research. Implement the acquired knowledge for professional and personal development. Under supervision analyze problem situations from the perspective of various theoretical approaches. Run psychological research in line with the
Study course content	Topics		
	1	Personality psychology subject. Research methods. Scientific approaches to personality research. Personality theory components. Criteria for assessing a personality theory.	



	2	Development of psychoanalysis, areas of its practical application. Research methods. Psychodynamic approach: Z.Freud's classical psychoanalysis. The individual psychology of A.Adler. K.Jung's analytical psychology. Ego-psychology of E.Erickson.Sociocultural psychology of K.Horney. E.Fromm's humanistic psychoanalysis. Basic concepts, research methods and principles.
	3	Development of behaviorism. B.Skinner's theory of behavior modification. Social learning theories (A.Bandura, J.Rotter). Basic concepts. Research methods. Areas of practical application.
	4	Theories of personality traits (G.Eisenck, R.Kettell,G.Allport). Basic concepts and principles. Research methods. Areas of practical application.
	5	Cognitive un Gestalpsychology approach (K.Levin,J.Kelly). Basic concepts and principles. Research methods. Areas of practical application.
	6	Humanistic approach (C.Rogers, A.Maslow). Basicconcepts and principles. Research methods. Areas of practical application. Five-factors tests.
	7	Existential psychology (V.Frankl). Basic conceptsand principles. Research methods. Areas of practical application.
	Form of assessment:	Exam
Obligatory literature:		
<ol style="list-style-type: none"> 1. Frager, R.; Fadimen, J. (2013). Personality and Personal Growth. 7th. Ed. Pearson. 2. Pervin, L.A., John,O.P. (2018) Personality: Theory and Research. 14th. ed. N.Y.: JohnWiley & Sons,Inc. 3. Breslavs G. (2021).Personības psihologija. Lekcijas Power Point (Manuskripts). 		
Additional reading:		
<ol style="list-style-type: none"> 1. Hjelle, L.A.; Ziegler, D.J. (1992). Personality theories : basic assumptions, research, and applications. New York: McGraw-Hill, 2. Капрара, Дж., Сервон, Д. (2003). Психология личности. СПб: Питер. 3. Фрейджер, Р., Фейдимен, Дж. (2001). Личность. СПб: прайм-ЕВРОЗНАК. 4. Бреслав (2018). Новый взгляд на историю научной психологии. 		
Other sources of information:		
<ol style="list-style-type: none"> 1. Journal of Personality and Social Psychology, 2. Journal of Personality 3. Journal of Research in Personality 4. European Journal of Personality. In: http://www.eapp.org/journal/ 5. International Journal of Personality Psychology 		
Changes and additions to the program and literature list are possible during the study process		